

BROOKWOOD SCHOOL

SCHOOL CLASSES: SPRING 2018

Welcome to Brookwood's Spring 2018 After-School Classes! Our courses, led by a dynamic and creative teaching staff, provide students with the opportunity to discover new interests, develop specialized skills, and have fun.

Please sign-up online using the Reports Server: <https://reports.brookwood.edu> by **Monday, March 26**. Your successful enrollment in the class will appear on your child's schedule as listed in the Reports Server. There is always a chance that a class may not run if we do not have enough students enrolled. Email communication will occur if a class needs to be cancelled due to low enrollment. Also, some classes fill up very quickly. For that reason, registration is on a first-come, first-served basis.

Families are billed through Brookwood accounts for classes and are responsible for full payment once the class begins.

Contact Justin Zappia at jzappia@brookwood.edu with any questions.

MONDAYS

GIRLS ON THE RUN

GRADES 3-5 (Instructors: Suzy Light, Katie Alexander, Cassandra Biette, Lindsay McDonald, Victoria Marotta)

We are excited to continue the Girls On The Run program at Brookwood this spring! This fun, experience-based program inspires girls to be joyful, healthy, and confident while creatively integrating physical activities and running to train for an end of season 5K. We will have discussions on various "growing up" themes to explore identity, collaboration, and what it means to be part of a community. This exploration will include a girls-led community service project and many fun activities along the way! Please check out the website below for more information on GOTR's mission and core values.

**This class needs a minimum of 8 children to run.*

* Class meets both Mondays and Thursdays throughout the term and all participants MUST commit to both days. To sign up for this class, you must register through the following web address: www.girlsontherunboston.org

Grades 3-5: Mondays and Thursdays 4:00-5:30 p.m. (Outside/Gym)

18 Sessions: March 29; April 2, 5, 9, 12, (no school April 16), 19, 23, 26, 30; May 3, 7, 10, 14, 17, 21, 24, (no school May 28), 31; June 4 (June 4 class is 3:00-4:30 due to all-school 3:00 dismissal). Class culminates in a 5K on Saturday, June 9

Cost: \$175

GLOBAL COOKING

GRADES 1-3; GRADES 4-6 (Instructor: Christina Carman from *Blossom Cooking*)

Come travel the world without even leaving the kitchen! Entice your taste buds and explore different cultures through food. Tacos, tzatziki, and steamed won-tons will transport you from Brookwood to all over the globe! Our 1st-3rd grade budding chefs will complete modified versions of each recipe using age-appropriate tools and techniques, while our 4th-6th grade chefs will take things up a notch by learning how to complete a recipe from start to finish.

Grades 1-3 Key Skills: Fine Motor Development, Sensory Skills, Following Simple Multi-Step Directions, Logical Reasoning/Cause & Effect, Team-Building, Communication

Grades 4-6 Key Skills: Critical Thinking/In-Depth Cause & Effect, Following Multi-Step Directions, Working Independently & in Small Groups, Creativity & Self-Expression

**Each class below needs a minimum of 5 children to run and has a maximum enrollment of 8.*

Grades 1-3: Mondays 3:00-4:00 p.m. (Commons)

Grades 4-6: Mondays 4:00-5:00 p.m. (Commons)

7 Sessions: April 2, 9, (no school April 16), 23, 30; May 7, 14, 21

Cost: \$160

CHESS

GRADES 1-3 (Instructor: Mikhail Perelshteyn)

Checkmate! Set up your own winning position. Whether you are the next Bobby Fischer poised to challenge other grandmasters, or you don't know your castle from your pawn, this class is for you. Senior chess master Mikhail Perelshteyn will guide all Lower School chess enthusiasts on the intricacies of chess, develop their logic, and teach them how to build a game-winning strategy. Come enjoy the competition and camaraderie of chess!

**This class needs a minimum of 6 children to run.*

Grades 1-3: Mondays 3:00-4:00 p.m. (Science Gym)

7 Sessions: April 2, 9, (no school April 16), 23, 30; May 7, 14, 21

Cost: \$135

JUMP ROPE

GRADES 1-3 (Instructor: Ariella Bennett)

Jumping rope is a favorite activity for many children and even adults! Jumping rope provides such great fitness to everyone and an excellent cardiovascular workout. This is some fantastic fun that you all need to join in! You will feel free while learning to jump rope different ways! Join me in jumping rope and engaging in some fun fantastic exercise. DO FITNESS, FEEL FREE, AND HAVE FUN because IT'S FANTASTIC!

**This class needs a minimum of 6 children to run.*

Grades 1-3: Mondays 3:00-4:00 p.m. (DWC/Courtyard)

7 Sessions: April 2, 9, (no school April 16), 23, 30; May 7, 14, 21

Cost: \$130

TUESDAYS

WRITING WIZARDS

GRADES 1-3; GRADES 4-5 (Right Brain Curriculum)

In Writing Wizards, we foster a love of writing by guiding students to write and publish their own real book! Using novels like *Harry Potter* and *The Chronicles of Narnia* as inspiration, each class designs a fantasy world that includes major and minor characters, fantastic settings, an extended backstory, and a world of wonder. The authors use artwork and brainstorming to design plot twists and dynamic characters. Teachers guide the students, providing contextual mini-lessons on writing techniques that include the use of appropriate dialogue, detailed descriptions, sensory-rich word choice, character, plot, and theme development. At the end of the course, students publish their first real novel—signed by our Writing Wizards!

See a full curriculum preview: rightbraincurriculum.com/expertarchitects

**Each class below needs a minimum of 6 children to run.*

Grades 1-3: Tuesdays 3:00-4:30 (Science Gym)

Grades 4-5: Tuesdays 4:30-6:00 (Science Gym)

6 Sessions: April 3, 10, 17; May 1, 8, 15

Cost: \$150

CHILDREN'S THEATRE

GRADES 1-3 (Instructor: Stephanie Charlton)

This class will explore the use of the body, mind and voice to create theatre and tell our stories, both as individuals and as a community. Classes will focus on skill-building, improvisation exercises, subtext work, and character physicality. We will learn what it means to work together and use our skills to create a story, culminating in a final performance workshop for family and friends!

**This class needs a minimum of 6 children to run.*

Grades 1-3: Tuesdays 3:00-4:00 p.m. (DWC)

9 Sessions: March 27; April 3, 10, 17; May 1, 8, 15, 22, 29

Cost: \$165

CATCH ME IF YOU CAN--The Art of the Scavenger Hunt

GRADES 1-3 (Instructor: Marleen Wood)

Grab your map, jump in your boots, and let's go exploring! We're on a scavenger hunt with Marleen Wood! Sharpen your private eye senses as we follow the clues, identify the patterns, solve the mysteries, and discover hidden treasures. We'll follow compasses, learn how to read maps, and translate coded messages. Students may also design their own scavenger hunts for others to solve. If you're hunting for adventure, this is the class for you!

**This class needs a minimum of 5 children to run.*

Grades 1-3: Tuesdays 3:00-4:00 p.m. (LS Kitchenette)

9 Sessions: March 27; April 3, 10, 17; May 1, 8, 15, 22, 29

Cost: \$175

MOTHER'S HELPER WORKSHOP

GRADES 3-6 (Instructor: Marleen Wood)

Are a natural with kids? Would you like to earn extra money? Try your hand at this course designed to provide tips for becoming a mother's helper/junior babysitter! A mother's helper entertains kids while the parents are at home, and it's great practice for becoming a babysitter! Learn how to win over a toddler...what games are best to play with babies...and basic safety tips and sitter secrets in every class!

**This class needs a minimum of 5 children to run.*

Grades 3-6: Tuesdays 4:00-5:00 p.m. (PreK Classroom)

9 Sessions: March 27; April 3, 10, 17; May 1, 8, 15, 22, 29

Cost: \$175

WEDNESDAYS

GOOSEBUMPS

GRADES 1-3 (Instructor: Marci Johnson)

Goosebumps! The most thrilling and chilling after-school class yet! (But not too scary...). In this class, we will make our own locked *Goosebumps* books, hear some

storytelling, eat some worms, run from Slappy, make our own spooky yard gnomes and maybe even have tricks played on us by the Invisible Boy! Who knows what magical and spooky things might happen when you enter the world of R.L. Stine!

**This class needs a minimum of 5 children to run and has a maximum enrollment of 12.*

Grades 1-3: Wednesdays 3:00-4:00 p.m. (Shlopak)

10 Sessions: March 28; April 4, 11, 18, 25; May 2, 9, 16, 23, 30

Cost: \$190

MARTIAL ARTS

GRADES 1-3; GRADES 4-6 (Instructor: Victoria DeMarco)

Begin your first steps on the path of the Peaceful Warrior. Students gain strength, agility, coordination, balance, flexibility, and confidence as they progress through the Tang Soo Do belt ranking system with Master Victoria DeMarco from Safe Harbor North, Family Martial Arts (and more) in Beverly. This class is for students interested in achieving an advanced level or just trying the discipline of Martial Arts. No prior experience necessary! Uniforms can be purchased through Safe Harbor. Belt tests are scheduled through Safe Harbor for additional fees.

**Each class below needs a minimum of 5 children to run.*

Grades 1-3: Wednesdays 3:00-4:00 p.m. (DWC)

Grades 4-6: Wednesdays 4:00-5:00 p.m. (DWC)

10 Sessions: March 28; April 4, 11, 18, 25; May 2, 9, 16, 23, 30

Cost: \$180

HIP HOP WEDNESDAYS

GRADES 1-3 (Instructor: Ariella Bennett)

Participants in this class will focus on learning different hip hop dance styles such as Breaking, Popping, Whacking, and the choreography to go along with those moves! We will learn the importance of stretching before we dance, some easy and cool dance moves, as well as a full hip hop routine. It will be a fun and energetic hip hop class with opportunities to express yourself through dance! Come join!

**This class needs a minimum of 5 children to run.*

Grades 1-3: Wednesdays 3:00-4:00 p.m. (Cutler Gym)

10 Sessions: March 28; April 4, 11, 18, 25; May 2, 9, 16, 23, 30

Cost: \$185

THURSDAYS

GIRLS ON THE RUN

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Cost: \$175

BALLET

GRADES 1-3 (Instructor: Leza Milham from Creative Arts Dance Studio)

Leza Milham of Creative Arts Dance Conservatory will lead the children to pursue their dance goals in a non-competitive atmosphere. Leza’s dance class is a welcoming environment that encourages effort and creativity in order to bring out the best in students. The ballet program will explore the technique of ballet as well as introducing the child to choreography and creative dance.

**This class needs a minimum of 5 children to run.*

Grades 1-3: Thursdays 3:00-4:00 p.m. (DWC/Loft)

9 Sessions: March 29, April 5, 12, (no class April 19), 26, May 3, 10, 17, 24, 31

Cost: \$165

DETECTIVES

GRADES 1-3 (Instructor: Marci Johnson)

Nancy Drew and the Hardy Boys need the great minds of 1st to 3rd graders to gather clues, dust for fingerprints, send secret messages with invisible ink, and so many other skills necessary for any investigator. Each week we will have a new mysterious adventure, exploring different literary classics from the mystery genre through activities, art, movement, and crafts. Some of the books and characters we will be exploring: Bannicula, Harriet the Spy, Encyclopedia Brown, Nate the Great, and of course our favorites: Nancy Drew and the Hardy Boys.

**This class needs a minimum of 5 children to run and has a maximum enrollment of 12.*

Grades 1-3: Thursdays 3:00-4:00 p.m. (Shlopak)

10 Sessions: March 29, April 5, 12, 19, 26, May 3, 10, 17, 24, 31

Cost: \$190

IT'S ELECTRIC!

GRADES 1-3 (Instructor TBD)

This 10-week course focuses on the basics of Electrical Engineering. We will be using circuit building training kits, and each child will have their own kit to work with. The kit contains many different components that focus on learning the fundamentals of electrical engineering, creating circuits, and having fun. Everything will be solderless, and students will keep their kits at the school, but may bring them home at the conclusion of the class, as well as any projects that we work on. All materials are STEM-based, come highly recommended, and focus on safety.

**This class needs a minimum of 5 children to run and has a maximum enrollment of 12.*

Grades 1-3: Thursdays 3:00-4:00 p.m. (Science Gym)

10 Sessions: March 29, April 5, 12, 19, 26, May 3, 10, 17, 24, 31

Cost: \$260

FRIDAYS

MULTISPORT

GRADES 2-6 (Instructor: Monika Carbochova)

Do you like to move, run, play, and have fun? Do you like team sports? If so, this active class is for you! Monika Carbochova shares her love of sports with students in grades 3-6. Participants will enjoy sports such as soccer, handball, kickball, floor hockey, pin soccer, wiffle ball, and more. Come hone your skills and play team sports with this experienced coach.

**This class needs a minimum of 10 children to run.*

Grades 2-6: Fridays 3:00-4:00 p.m. (Cutler Gym/Turf)

9 Sessions: March 30, April 6, 13, 20, 27, May 4, (no class May 11), 18, 25, June 1

Cost: \$165

BIRD'S WORD NEWSPAPER

GRADES 2-6 (Instructor: Marleen Wood)

Come join the staff of the spring edition of *The Bird's Word* newspaper. Reporters work on topics of their choice, conduct interviews, write and edit stories, and learn about graphics and layout. Each reporter designs his/her own page of this newspaper using computer software in the Mac Lab. This hands-on class results in an eagerly awaited and professionally presented publication.

Grades 2-6: Fridays 3:00-4:00 p.m. (Mac Lab)

7 Sessions: March 30, April 6, 13, 20, 27, May 4, (no class May 11, May 18 or May 25), June 1

Cost: \$135

SOAP MAKING

GRADES 3-5 (Instructor: Makers Workshop Instructor)

Students will have a blast learning to create their very own soap products that they can use and enjoy! With the guidance of a Makers Workshop artisan, students will learn the ins and outs of melt-and-pour soap making and using recipes and ingredients

that can be replicated at home. Possible projects include bar soap, bath bombs, lip balms, bath salts, and more.

**This class needs a minimum of 10 children to run.*

Grades 3-5: Fridays 3:00-4:00 p.m. (Science Gym)

**9 Sessions: March 30, April 6, 13, 20, 27, May 4, (no class May 11), 18, 25,
June 1**

Cost: \$210