Welcome to Brookwood’s Fall 2016 After-School Classes! Our courses, led by a dynamic and creative teaching staff, provide students with the opportunity to discover new interests, develop specialized skills, and have fun.

Please sign-up online on the new Reports Server: https://reports.brookwood.edu by Friday, September 9, 2016. Expect confirmation of your participation via email. There is always a small chance that a class may not run if we do not have enough students enrolled. Also, some classes fill up very quickly. For that reason, registration is on a first-come, first-served basis.

Families are billed through Brookwood accounts and are responsible for full payment once the class begins. Limited scholarship funds are available for some classes.

Contact Justin Zappia at jzappia@brookwood.edu with any questions.

MONDAYS

SUPER SOCCER STARS
GRADES 1-3 (Instructor: Super Soccer Stars Staff Coach TBD)
Super Soccer Stars works with early childhood, elementary, middle school, and high school programs and is the Boston area’s largest soccer development program for young children. They currently work with over 80 schools, childcare centers, and facilities in the Boston area. All classes are non-competitive, using positive reinforcement to teach children soccer skills in a fun, engaging, educational environment. The unique age-specific curriculum is designed by a combination of early childhood, behavioral, and soccer specialists to ensure that each child is learning, improving their self-confidence, and having a blast from the moment the whistle blows. The normal structure of an after-school class starts with a dynamic warm-up, and quickly transitions into skill-building exercises. The skill-building exercises get progressively harder throughout each session, and coaching points are used throughout the practice to reinforce good habits! After the skill-building exercise, kids enjoy showing their newly acquired skills in a scrimmage setting!

Grades 1-3: Mondays 3:00-4:00 p.m. (Gym/Outdoors)
11 Sessions: September 12, 19, 26, October 3, (no class 10/10), 17, 24, 31, November 7, 14, 21, (no class 11/28), December 5.
Cost: $198

FUSED GLASS
GRADES 1-3 & 4-8 (Instructor: TBD)
Students master a variety of cutting and shaping techniques as they create a series of work utilizing the “warm” glass method of glass fusing including tiles, dishes, windchimes, and more.

*This class needs a minimum of 10 children to run.

Grades 1-3: Mondays 3:00-4:00 p.m. (Art classroom)
Grades 4-8: Mondays 4:00-5:00 p.m. (Art classroom)
10 Sessions: September 19, 26, October 3, (no class 10/10), 17, 24, 31, November 7, 14, 21, (no class 11/28), December 5.
Cost: $230
TUESDAYS

BOSTON CHILDREN’S THEATRE
Grades 1-3: 3:00-4:00 (Instructor: Boston Children’s Theatre Staff)
This class will explore the use of the body, mind and voice to create theatre and tell our stories, both as individuals and as a community. Classes will focus on skill-building, improvisation exercises, subtext work, and character physicality. We will learn what it means to work together and use our skills to create a story, culminating in a final performance workshop for family and friends!
Grades 1-3: Tuesdays 3:00-4:00 p.m. (DWC)
11 Sessions: September 13, 20, 27; October 4, 11, 18, (no class 10/25); November 1, 8, 15, (no class 11/22), 29; December 6.
Cost: $208

KARMA KIDS
GRADES 1-3: 3:00-4:00 (Instructor: Marleen Wood)
Fun, flexibility, and focus. This class will be taught by our ever-popular after-school instructor Marleen Wood. Students will be introduced to yoga through both poses and basic stretching exercises tied to strength, flexibility, coordination, and body awareness. By attending to breathing, chanting, and visualization, students will focus and relax as well as release energy. Exercises will develop concentration, self-affirmation, friendship, and respect. Students will go home both with techniques to use in the future when they confront anxiety, as well as small mementos they will make during the course. Namaste!
Grades 1-3: Tuesdays 3:00-4:00 p.m. (Loft)
10 Sessions: September 20, 27; October 4, 11, 18, (no class 10/25); November 1, 8, 15, (no class 11/22), 29; December 6.
Cost: $180

YOGA TEENS
GRADES 4-6: 4:00-5:00 (Instructor: Marleen Wood)
Yogi Marleen Wood will lead wellness and mindfulness exercises to help pre-teen students slow down, take a deep breath, and learn ways to increase focus and concentration. They will learn effective tools to handle stress, anger and anxiety. Achieving emotional balance through physical yoga techniques such as breathing exercises, flowing sequence, balancing poses, and deep relaxation will be a goal during each session. In order to build a healthy relationship with their bodies, breathing and visualization techniques will focus on relaxation and self-control. Through playful pose, stimulated imagination, and energy release exercise, the class promotes inner strength, confidence, a feeling of well-being and respect for others.
Grades 4-6: Tuesdays 4:00-5:00 p.m. (Loft)
10 Sessions: September 20, 27; October 4, 11, 18, (no class 10/25); November 1, 8, 15, (no class 11/22), 29; December 6.
Cost: $180
WEDNESDAYS

HARRY POTTER
GRADES 1-3 (Instructor: Marci Johnson)
Muggles need not apply! Enter the amazing world of Harry Potter! Activities and projects will include: making our own Wizard Wands and Pet Owls; visiting Brookwood’s “Dark Forest” to hear stories; studying antique books; making magical potions; drinking Butterbeer and eating Bertie Bott’s Jelly Beans and Chocolate Frogs; building Hagrid’s hut in the woods; playing Quidditch. Don’t miss out on the Winter fun of turning Brookwood into Hogwarts!

Grades 1-3: Wednesdays 3:00-4:00 p.m. (Art Classroom)
11 Sessions: September 14, 21, 28; October 5, 12, 19, (no class 10/26); November 2, 9, 16, (no class 11/23), 30; December 7.
Cost: $223

TECHNOLOGY PLAYGROUND
GRADES 2 & 3 (Instructor: Dan Riles)
Dan Riles, Brookwood’s Technology Integration Specialist, will provide time and guidance for students in Grades 2 and 3 to explore robots such as the LEGO WeDo, mBot, and Probot. These devices provide the opportunity for students to grow their programming skills while also building and using physical objects. It’s a fun way for students to build technology literacy skills connected to many other competencies at Brookwood.

*This class is limited to the first 4 boys and 4 girls registered
Grades 2 & 3: Wednesdays 3:00-4:00 p.m. (MAC Lab)
11 Sessions: September 14, 21, 28; October 5, 12, 19, (no class 10/26); November 2, 9, 16, (no class 11/23), 30; December 7.
Cost: $231

MARTIAL ARTS
GRADES 1-3 (Instructor: Victoria DeMarco)
Begin your first steps on the path of the Peaceful Warrior. Students gain strength, agility, coordination, balance, flexibility, and confidence as they progress through the Tang Soo Do belt ranking system with Master Victoria DeMarco from Safe Harbor North, Family Martial Arts (and more) in Beverly. This class is for students interested in achieving an advanced level or just trying the discipline of Martial Arts. No prior experience necessary! Uniform purchased through Safe Harbor. Belt tests are scheduled through Safe Harbor for additional fees.

Grades 1-3: Wednesdays 3:00-4:00 p.m. (DWC)
11 Sessions: September 14, 21, 28; October 5, 12, 19, (no class 10/26); November 2, 9, 16, (no class 11/23), 30; December 7.
Cost: $216

THURSDAYS

BALLET
GRADES 1-3 (Instructor: Leza Milham)
Leza Milham of Creative Arts Dance Conservatory will lead the children to pursue their dance goals in a non-competitive atmosphere. Leza’s dance class is done in a welcoming environment that encourages effort and creativity to bring out the best in students. The ballet program will explore the technique of ballet as well as introducing the child to choreography and creative dance.
Grades 1-3: Thursdays 3:00-4:00 p.m. (Loft)
12 Sessions: September 15, 22, 29; October 6, 13, 20, 27; November 3, 10, 17, (no class 11/24), December 1, 8.
Cost: $216

AUTUMN ARTISTS
GRADES 1-3 (Instructor: Marleen Wood)
Apples, leaves, pumpkins and more...let's celebrate the magic of autumn in New England through art! In this after-school class, Marleen Wood will lead the students through seasonal art projects, games and scavenger hunts! We may even cook up a delicious recipe or two!
Grades 1-3: Thursdays 3:00-4:00 p.m. (Art classroom)
10 Sessions: September 29; October 6, 13, 20, 27; November 3, 10, 17, (no class 11/24), December 1, 8.
Cost: $210

TECHNOLOGY PLAYGROUND
GRADES 2 & 3 (Instructor: Dan Riles)
Dan Riles, Brookwood’s Technology Integration Specialist, will provide time and guidance for students in Grades 2 and 3 to explore robots such as the LEGO WeDo, mBot, and Probot. These devices provide the opportunity for students to grow their programming skills while also building and using physical objects. It’s a fun way for students to build technology literacy skills connected to many other competencies at Brookwood.
*This class is limited to the first 4 boys and 4 girls registered
Grades 2 & 3: Thursdays 3:00-4:00 p.m. (MAC Lab)
12 Sessions: September 15, 22, 29; October 6, 13, 20, 27; November 3, 10, 17, (no class 11/24), December 1, 8.
Cost: $213

MAC TENNIS
GRADES 2-5 (Instructor: Dave Colby)
Point, set, match! Jump on the Brookwood activity bus and head to the Manchester Athletic Club (MAC). The MAC’s Junior Development Program will allow students the opportunity to enhance their love for the lifetime sport of tennis. With classes offered in a variety of age brackets, the MAC will be sure to get your child into the right class to improve his or her skills. Whether you’re a member of the MAC or not, your child will join the MAC’s existing instructional tennis classes. Class is one hour in length. The buses leave Brookwood at 4:10 p.m. Parent pick-up is at the MAC at 5:30 p.m. A snack will be provided. Please contact Dave Colby for specific questions about the tennis program at dcolby@mactennis.com
Grades 2-5: Thursdays 4:00-5:30 p.m. (MAC) *Participants must bring a racquet.
12 Sessions: September 15, 22, 29; October 6, 13, 20, 27; November 3, 10, 17, (no class 11/24), December 1, 8.
Cost: $300 includes transportation to the MAC and a snack (REACH billed separately 3-4:00); $40 one-time uniform fee.
FRIDAYS

MULTISPORT
GRADES 2-5 (Instructor: Monika Carbochova)
Do you like to move, run, play, and have fun? Do you like team sports? If so, this active class is for you! Monika Carbochova shares her love of sports with students in Grades 2-5. Participants will enjoy sports such as soccer, handball, kickball, floor hockey, pin soccer, wiffle ball, and more. Come hone your skills and play team sports with this experienced coach.
Grades 2-6: Fridays 3:00-4:00 p.m. (Cutler Gym and Outside)
12 Sessions: September 16, 23, 30; October 7, 14, 21, 28; November 4, 11, 18, (no class 11/25); December 2, 9.
Cost: $216

BIRD’S WORD NEWSPAPER
GRADES 1-6 (Instructor: Kristie Hambrecht)
Come join the staff of the winter edition of The Bird’s Word newspaper. Reporters work on topics of their choice, conduct interviews, write and edit stories, and learn about graphics and layout. Each reporter designs his/her own page of this newspaper using computer software in the Mac Lab. This hands-on class results in an eagerly awaited and professionally presented publication. Students are lucky to receive professional instruction from Brookwood Digital Communications Director Kristie Hambrecht throughout the term!
Grades 1-6: Fridays 3:00-4:00 p.m. (MAC Lab)
8 Sessions (note the late start date): October 7, 14, (no class 10/21), 28; November 4, 11, 18, (no class 11/25); December 2, 9.
Cost: $228

3D DESIGN AND PRINTING
GRADES 6-8 (Instructor: TBD)
Do you see yourself as a designer-inventor? After this class you will! Learn how to design and build 3D designs using the Tinkercad and 123 Design programs for 3D printing. Then put those skills to use to build solutions to real world challenges drawing from a Brookwood-based problem bank. Students will design solutions to particular design engineering needs shared within the Brookwood community.
Grades 6-8: Fridays 3:00-4:00 p.m. (Science Gym)
10 Sessions: September 23, 30; October 7, 14, 21, 28; November 4, 11, 18, (no class 11/25); December 2.
Cost: $180